



POST-OPERATIVE INSTRUCTIONS FOR IMPLANTS

Please take medications as prescribed. Remember to take pain medication prior to local anesthetic wearing off as pain medications are more effective taken before discomfort occurs. Continue with antibiotic prescription until all are gone. Please call immediately if any problems occur while taking any medication.

For the next 24 hours:

Keep head elevated.

To help reduce swelling apply an ice pack to outside of face over the surgical site. Alternate - 20 minutes ice pack on and 10 minutes ice pack off.

24 hours AFTER procedure:

Start Peridex rinse (instructions provided with bottle.) This might result in your tongue becoming black but this will disappear when you discontinue use.

Rinse 3 times daily until bottle is empty.

Brush teeth carefully avoiding surgical area for the first 21 days following placement. After 21 days, begin brushing the healing cap or temporary lightly.

For 2 weeks FOLLOWING procedure:

Do not smoke

Do not “suck” or irritate the area with your tongue

Do not use hydrogen peroxide

Do not drink carbonated or fizzy beverages

Do not use commercial mouthwash

Do not take aspirin

Do not floss implant if implant has temporary crown.

Do not brush implant.

Eating:

Cold, cool or room temperature foods for the first day

Soft food for comfort. Do not eat nuts, seeds, or sharp food.

Eating something before you begin pain pills will help prevent nausea.

Do not chew with implant or healing cap.

What you can expect:

Light bleeding for 24 – 72 hours

Swelling around the surgical area

To be sore for at least 4 days. 48 -72 hours is peak inflammation period.

To gradually feel more comfortable after one week

Notify us immediately for:

Repeated vomiting, uncontrolled bleeding, or a fever of 101 F or greater

Do not drink alcohol, drive, or operate machinery while taking narcotic pain medication.

